

**HOSPITAL FOR SPECIAL CARE
POLICY AND PROCEDURES**

TITLE: INJURIES OR BODY FLUID EXPOSURE TO AFFILIATED STUDENTS, RESIDENTS, FELLOWS, CLINICAL INSTRUCTORS, CONTRACTORS, VOLUNTEERS AND SIMILAR UNPAID HEALTHCARE PERSONNEL	EFFECTIVE/REVISED DATE: 12/03/2025
LAST REVIEWED WITHOUT CHANGES DATE: N/A	
RESPONSIBLE DEPARTMENT/COMMITTEE: OCCUPATIONAL HEALTH	
APPROVED BY: CMO	
CITATION/REFERENCE: CT GENERAL STATUTES 19a-582, 19a-583; CDC INFECTION CONTROL IN HEALTHCARE PERSONNEL: INFRASTRUCTURE AND ROUTINE PRACTICES FOR OCCUPATIONAL INFECTION PREVENTION AND CONTROL SERVICES (2019)	
REPLACES/PREVIOUS TITLE: N/A	

PURPOSE: To establish appropriate guidelines for management of injuries or body fluid exposure of any person working at HFSC, but not employed by HFSC, including students, residents, fellows, clinical instructors, contractors or similar persons, whether paid or unpaid.

POLICY: Any person working at HFSC, but not employed by HFSC will receive immediate first aid and emergency care as needed. The non-employed person will be responsible for all follow up care.

HFSC does not have an emergency department or urgent care clinic and is therefore not equipped to provide any health care beyond immediate first aid.

PROCEDURE: Volunteers, students, residents, fellows, clinical instructors, contractors, and similar (non-employee) personnel - follow the procedure below.

1. If a volunteer, student, resident, fellow, clinical instructor, contractor or similar sustains a life threatening or similar injury:
 - a. Provide immediate first aid
 - b. Activate "Emergency Response" protocol for the appropriate campus
 - c. Activate EMS (if needed)
2. If a volunteer, student, resident, fellow, clinical instructor, contractor or similar person sustains a non-life threatening injury without body fluid exposure (sprain / strain / bruise / abrasion etc.):
 - a. Provide first aid such as band aid, ice pack, rest period
 - b. Injured party is responsible arranging and completing all follow up including PCP, Urgent Care, student health services, etc.
 - c. Injured party is financially responsible for all care
3. If a student, resident, fellow, clinical instructor, contractor, volunteer, or similar experiences a blood or body fluid exposure to open skin, eye, mouth, nose etc. or a needle stick:
 - a. Provide first aid such as cleaning the area with soap and water, or flush mucous membranes or eyes with water for at least 15 minutes.

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(CONTINUED)**

- b. Notify Infection Prevention practitioner on-call to provide guidance, known status of source patient, and to coordinate with the school or contracted entity regarding evaluation of the exposure.
- c. The individual experiencing the exposure is responsible for obtaining all necessary baseline testing in a timely manner, in accordance with the school/home entity's exposure protocol, and for arranging and completing all follow-up testing and treatment through the clinic/provider designated by their school/entity (including student health services, Emergency Department, PCP, Urgent Care, etc.).
- d. The exposed individual is financially responsible for all care.
- e. If requested by the exposed individual's health care provider, HFSC will provide de-identified test results to assess risk of body fluid borne illness and need for prophylaxis. The exposed individual is responsible for obtaining any prophylactic medication prescribed by his/her health care provider.

- 4. HFSC does not have an emergency department or urgent care clinic and is therefore not equipped to provide any health care beyond immediate first aid. HFSC strongly recommends that students, clinical supervisors, clinical instructors, contractors, and other unpaid personnel familiarize themselves with their home entity policies and procedures regarding exposure evaluation, injury treatment and timely reporting of an incident, injury or exposure.**

The individual should seek assistance from their school/home entity regarding available insurance coverage through student health insurance, workers' compensation, etc.

5. Injuries or exposures to non-employed workers will be recorded during the same shift by the HFSC staff member via the HFSC occurrence reporting system.

The report should include the type of injury/exposure, name of patient's involved, the actions taken immediately following the injury/exposure, and the injured/exposed individual's understanding of their responsibility to notify their school/employer or other home site and obtain any necessary baseline testing and medical care.