



Aquatics & Fitness Center

PROGRAM SCHEDULE -EFFECTIVE 1-8-24

THERAPY POOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
OPEN 6:00AM -12:00PM	OPEN 6:00AM - 9:30AM	OPEN 6:00AM - 9:30AM	OPEN 6:00AM - 12:00PM	OPEN 6:00AM - 9:00AM	OPEN 7:00AM - 12:00PM
	POOL CLOSED 9:30-10:30AM CLASS	POOL CLOSED 9:30-10:30AM CLASS		POOL CLOSED 9:00-10:00AM CLASS	
	OPEN 10:30AM - 12:00PM	POOL CLOSED 10:30-11:30AM CLASS		OPEN 10:00AM - 12:00PM	
		11:30-12:00PM OPEN			
	POOL CLOSED 12:00PM - 12:30PM				
OPEN 12:30PM - 7:00PM	OPEN 12:30PM - 7:00PM	OPEN 12:30PM - 7:00PM	OPEN 12:30PM - 3:00PM	OPEN 12:30PM - 7:00PM	
			POOL CLOSED 3:00-4:00PM CLASS		
			OPEN 4:00PM - 7:00PM		

FITNESS POOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
OPEN SWIM 6:00AM - 12:00PM	OPEN SWIM 6:00AM - 12:00PM	OPEN SWIM 6:00AM - 12:00PM	OPEN SWIM 6:00AM - 12:00PM	OPEN SWIM 6:00AM - 12:00PM	OPEN
7:00 - 8:00AM CLASS 2-3 LANES AVAILABLE		7:00 - 8:00AM CLASS 2-3 LANES AVAILABLE		7:00 - 8:00AM CLASS 2-3 LANES AVAILABLE	7:00AM - 8:00AM
					8:00AM - 12:00PM
POOL CLOSED 12:00PM - 12:30PM					3 LANES AVAILABLE
OPEN 12:30PM - 7:00PM	OPEN 12:30PM - 7:00PM	OPEN 12:30PM - 7:00PM	OPEN 12:30PM - 7:00PM	OPEN 12:30PM - 7:00PM	
	POOL CLOSED 6:00-7:00PM WAVE	6:00 -7:00PM LESSONS 2-3 LANES AVAILABLE			

FITNESS CENTER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
OPEN 6:00AM -11:00AM	OPEN 6:00AM - 7:00PM	OPEN 6:00AM -11:00AM	OPEN 6:00AM - 7:00PM	OPEN 6:00AM -11:00AM	OPEN 7:00AM - 12:00PM
*CLOSED 11:00AM - 12:15PM		*CLOSED 11:00AM - 12:15PM		*CLOSED 11:00AM - 12:15PM	
OPEN 12:15PM - 1:45PM		OPEN 12:15PM - 1:45PM		OPEN 12:15PM - 1:45PM	
*CLOSED 1:45PM - 3:00PM		*CLOSED 1:45PM - 3:00PM		*CLOSED 1:45PM - 3:00PM	
OPEN 3:00PM - 7:00PM		OPEN 3:00PM - 7:00PM		OPEN 3:00PM - 7:00PM	

*STRENGTH TRAINING ROOM (small gym) OPEN