



PROGRAM SCHEDULE

THERAPY POOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
OPEN 6:00AM - 11 :30AM	OPEN 6:00AM - 9:00AM	OPEN 6:00AM - 11 :30AM	OPEN 6:00AM - 10:30AM	OPEN 6:00AM - 11 :30AM	OPEN 7:00AM - 12:00PM
	POOL CLOSED 9:00-10:00AM CLASS		POOL CLOSED 10:30-11:30AM CLASS		
	OPEN 10:00AM - 11:30AM				
POOL CLOSED 11:30AM - 12:00PM FOR CLEANING					
OPEN 12:00PM - 7:00PM	OPEN 12:00PM - 7:00PM	OPEN 12:00PM - 7:00PM	OPEN 12:00PM - 3:00PM	OPEN 12:00PM - 7:00PM	
			POOL CLOSED 3:00-4:00PM CLASS		
			OPEN 4:00PM - 7:00PM		

FITNESS POOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
OPEN 6:00AM - 11 :30AM	OPEN SWIM 6:00AM - 11:30AM	OPEN SWIM 6:00AM - 11:30AM	OPEN SWIM 6:00AM - 11:30AM	OPEN SWIM 6:00AM - 11:30AM	OPEN 7:00AM - 12:00PM
		7:00-8:00AM CLASS 3-4 LANES AVAILABLE		9:00-10:00AM CLASS 3-4 LANES AVAILABLE	
POOL CLOSED 11:30AM - 12:00PM FOR CLEANING					
OPEN 12:00PM - 7:00PM	OPEN 12:00PM - 6:00PM	OPEN 12:00PM - 7:00PM	OPEN 12:00PM - 7:00PM	OPEN 12:00PM - 7:00PM	
		3:00-4:00PM CLASS 3-4 LANES AVAILABLE			
	CLOSED 6:00-7:00PM				

FITNESS CENTER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
OPEN 6:00AM - 11:00AM	OPEN 6:00AM - 12:00PM	OPEN 6:00AM - 11:00AM	OPEN 6:00AM - 12:00PM	OPEN 6:00AM - 11:00AM	OPEN 7:00AM - 12:00PM
*CLOSED 11:00AM - 12:15PM		*CLOSED 11:00AM - 12:15PM		*CLOSED 11:00AM - 12:15PM	
OPEN 12:15PM - 1:45PM	*CLOSED 12:15PM - 1:30PM	OPEN 12:15PM - 1:45PM	*CLOSED 12:15PM - 1:30PM	OPEN 12:15PM - 1:45PM	
*CLOSED 1:45PM - 3:00PM	OPEN 1:30PM - 7:00PM	*CLOSED 1:45PM - 3:00PM	OPEN 1:30PM - 7:00PM	*CLOSED 1:45PM - 3:00PM	
OPEN 3:00PM - 7:00PM		OPEN 3:00PM - 7:00PM		OPEN 3:00PM - 7:00PM	

*Strength Training room (small gym) OPEN
Schedule effective 6/14/21 and is subject to change

