Center of Special Care, Inc.

Hospital for Special Care – Building Partnerships for the Future
Hospital for Special Care is certified by The Joint Commission and the Commission on Accreditation of Rehabilitation Facilities for Comprehensive Integrated Inpatient Rehabilitation Programs, Acquired Brain Injury and Outpatient Medical Rehabilitation for both Inpatient and Outpatient Rehabilitation.
OUR MISSION

We will ensure exemplary care within our continuum, with the active involvement of those we serve, so that they can achieve enduring improvements in the quality of their lives.

We will anticipate and be responsive to the changing needs of our communities and a changing healthcare environment by creating an innovative, fiscally-sound, cost-effective system of care.

We will support the practice of rehabilitation and continuing medical care through research and education.

We will create a work environment and climate where employees are supported to provide excellent care, and find opportunities for personal and professional growth.

We will be, in all of the above, responsive and accountable to our communities, for whose benefit we exist.
Dear Friends:

As we all know, the economy both in Connecticut and across the country, has presented many challenges over the past year. The federal government continues to debate the future of Medicare, while state budget officials wrestle with increased Medicaid costs. Deficit mitigation efforts enacted by the legislature in both May and December of 2012, had a crippling effect on the Connecticut hospital industry as a whole. However, thanks to Governor Dannel P. Malloy, his budget team and our local legislators, Hospital for Special Care’s (HSC) Medicaid reimbursement rate remained flat. This is a true testament to the high-quality and cost-efficient care we provide Connecticut residents, and it will allow us to continue to care for some of the state’s most compromised citizens.

These past twelve months have already had, (and will continue to have), a monumental effect on the future of the American healthcare system. In June, the United States Supreme Court affirmed the constitutionality of the Affordable Care Act, and in November, President Barack Obama was re-elected to another term. Those two events have changed the healthcare reform movement from a debatable, “if” into a more certain, “when.” Someone recently said, the healthcare organizations which will survive are not the ones that are the largest, or the most financially fit, but those who can change the fastest. That is why it is important, especially in these times of uncertainty, that HSC remain a nimble organization.

HSC is almost certainly the most diversified Long Term Acute Care Hospital in the nation. That has occurred in thoughtful response to the changing needs of our community, and to the patient populations and people that we serve. We continue to dialogue with stakeholders to determine gaps in the healthcare delivery system, and when possible, we work to fill the void. In doing so, we continue to bring long-term value to the region’s healthcare marketplace.

In order to become an expert in a specialized area, one must treat a critical mass of patients which is what we do particularly in the areas of respiratory disease, complex pediatrics, acquired brain injury, congestive heart failure, neuromuscular disorders such as ALS and muscular dystrophy, spinal cord injury and now Autism.

As many of the core provisions of the Affordable Care Act take effect over the next several years, HSC remains proactive in its response to change. From implementing Electronic Medical Records, to continuing to grow our partnerships with other healthcare systems, HSC is well-positioned to face the new realities of American healthcare.

As I close, I would like to extend my gratitude to our retiring Chairman, Elizabeth “Betty” Fumiatti, for her many years of leadership to our board of directors. Betty has been a longtime friend and advisor to the HSC family. We are fortunate to have had her as our chairman.

I would also like to thank the employees at HSC who work tirelessly each day to make a difference in the lives of those we serve. Every member of our team helps us to achieve our mission every day.
Dear Friends:

This year has been filled with many challenges, opportunities and accomplishments. Our current program efforts continue to demonstrate enhancements and adjustments which help us conform to the expectations of the ever-changing healthcare environment.

At the close of last year’s Annual Meeting of Corporators, we indicated there was a potential buyer for Brittany Farms Health Center, which had been a part of our HSC Community Services, Inc. since 1998. We were successful in negotiating its sale midway through the year, which then provided the opportunity to reorganize our business plan and focus on building upon core programs at Hospital for Special Care (HSC).

With $4.9 million raised to date, the Hope Campaign has reached the five-year mark with strong commitment from the community to successfully complete the project. This outpatient expansion is consistent with healthcare trends, moving care beyond inpatient stays, allowing for expansion of neuromuscular, pulmonary and physical rehabilitation services. Construction began with the relocation of the front entrance in April, and the official ground-breaking occurred earlier this month. To the many who contributed to this campaign, our gratitude for your thoughtfulness and generosity in helping to make it happen.

Since its inception a little over a year ago, our Autism program has received more than 295 referrals, with 125 children seen to date. Our collaboration with the University of Saint Joseph continues with a focus on increasing clinical staff.

Just at the close of our fiscal year, we were notified by Governor Dannel P. Malloy and the Connecticut State Bond Commission, that HSC will be the recipient of a $3.6M grant. This grant will allow HSC to build an Electronic Medical Record platform which will allow for the expansion of outpatient services to create a Patient-Centered Medical Home for children on the Autism spectrum.

Our Cardiac Medical Unit (CMU), working as a collaborative with two hospital systems, has produced great outcomes. CMU was created in response to the need for changing the delivery of care to those living with Congestive Heart Failure (CHF).

All other in-house services continue to demonstrate excellent care and outcomes, as evidenced in the survey reports of CARF and The Joint Commission, as well as by the many positive comments received from patients and their families.

Our community and sports programs continue to demonstrate growth. The Hospital for Special Care Ivan Lendl Adaptive Sports Camp had its largest attendance last summer. A mentorship program was added as a new important dimension. It was well received, and in some instances, the relationships continued beyond the week-long camp experience. Our Paralympic Sports Club continues to be comprised of highly-motivated and competitive athletes.

At the board level, we will be experiencing some changes effective with this meeting. As I step down from the position of Chairman of the Board of Center of Special Care, Inc., David Kelly will be succeeding me that position, and James Mahoney will become Chairman of the Board of Hospital for Special Care, assuming Carl R. Ficks, Jr., Esq. position, as he has resigned from the Board and has begun a new full-time opportunity to serve the Hospital as Director of Corporate & Donor Relations. Our thanks to Carl for his many years of board service and we extend our wishes for his success in this new relationship with HSC.

I would like to take this opportunity to express my appreciation to Dr. John Votto and his senior management and support teams for their guidance and leadership in continuing the heritage of quality patient care and initiating and embracing change to support that goal. My thanks also to all the dedicated employees of the multiple service areas that make up the Center of Special Care, Inc.

To our numerous corporators, volunteers and Auxiliary members who give so generously of their time, talent and energy to ensure the continuing mission of the Hospital: Thank you. Please know how very much you are appreciated.

And finally, to my fellow board members: special thanks for your continued support, time, diligence, foresight and direction. It has been my pleasure to have had the opportunity to work with all of you, and I hope you will continue with your levels of support to the new leadership of our boards of directors.
On March 13, 2013, Governor Dannel P. Malloy and the State Bond Commission unanimously awarded a $3.6 million capital grant to Hospital for Special Care. The monies will be used to implement an electronic medical record system that will allow us to expand our Autism Center into a fully-accredited, Patient-Centered Medical Home (PCMH) model.

“Autism impacts many people, and while early intervention is key, difficulties for families frequently begin when services are hard to access,” Governor Malloy said. “Hospital for Special Care, through this new electronic records system, is working to ensure that nobody falls through the cracks and that these important services are accessible here in Connecticut.”

The American Academy of Pediatrics describes a ‘medical home’ as a model of delivery of care that is accessible, continuous, comprehensive, family-centered and culturally effective. This model not only considers medical issues but addresses social, educational, transitional and housing concerns. All PCMHs must be accredited by the National Committee for Quality Assurance (NCQA), and in order to obtain NCQA accreditation the hospital must have an Electronic Medical Records (EMR) system.

“This is a tremendous investment from Governor Malloy and the State of Connecticut, especially during these difficult economic times,” said Dr. John J. Votto, President & CEO of the hospital. “More than anything, it is a show of confidence in both our mission and the level of care we are providing.”

Because of our history in successfully treating patients with complex needs, Hospital for Special Care is uniquely positioned to provide Connecticut with a patient-centered medical home for children with Autism. Unfortunately, there is a lack of resources in Connecticut, including disparities in access to services for Autism care, and our state needs a hub of coordination. Once our medical home is established, Connecticut will be among the few states in the nation to provide such a service.

“We have been working closely with the Governor and his team since the beginning of his term,” said Lynn Ricci, HSC’s Chief Operating Officer. “His support and dedication to Autism helps to ensure we’re moving toward offering the best care for those children and families who are affected.”

Since the Autism Center at HSC opened in February 2012, the hospital has assisted Connecticut families with a triage of comprehensive services in collaboration with The Center for Autism and Behavioral Studies at The University of Saint Joseph. The program has served more than 125 Connecticut children with Autism, yet many more remain on a waiting list and many others had to be referred elsewhere for services. By expanding HSC’s existing services to a PCMH model, the hospital will be able to serve more Connecticut families via a more integrated and cost-effective approach.

Patient-Centered Medical Homes are consistent with both state and federal healthcare reform initiatives, as well as Governor Malloy’s recently-released Autism Feasibility Study. Our PCMH will also provide a natural link to the Bioscience Connecticut initiative and work at the Jackson Labs facility less than two miles from HSC.

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More than anything, it is a show of confidence in both our mission and the level of care we are providing.

Dr. John J. Votto, FCCP
My association with Hospital for Special Care (HSC) began in the summer of 1967 when my maternal grandmother, Maria Francalangia, (who had worked here as a kitchen aide in the 1950’s), thought a summer job would be good for me while I was in high school. And so I came in, met Mrs. Griffin, the Director of Nursing, filled out an application and went right to work with a nurse’s aide. Thus began my career in nursing and healthcare.

I grew up in New Britain, just a few blocks from the hospital. I worked the evening shift since I loved to sleep in the morning and in fact, still do. I walked to work and my father would pick me up at 10:00 p.m. Family members who worked, or are currently working at HSC include my maternal grandparents, my mother, my uncle and my cousin, Eleanor (Elley) Maulucci, a devoted nurse on the Transitional Rehabilitation Unit. Elley, (who has been here for decades), occasionally reminds me that I brought her here one summer in between nursing school years.

As the child of Italian immigrants, I learned the value of hard work and education very early in life. I attended local schools from elementary school, to New Britain High School, to The New Britain General Hospital School of Nursing and Central Connecticut State College. When the system no longer satisfied my growing curiosity for nursing, healthcare and education in general, I ventured out of my comfort zone and went off to Houston, Texas and New York City to further my learning and experience.

While visiting my family in New Britain, I would drive by the hospital and see the changes unfolding. I kept in touch with David Crandall, past President and CEO. We had attended school together, and he often tried to encourage me to leave the big city and come back to our hometown.

In 1995, circumstances brought me back to New Britain. David again encouraged me to come to the hospital for a visit and asked me to explore a position that was open. At first I said “no,” I would not leave New York City for New Britain. But after some careful thought, I decided that maybe it was the right time to move back, as my parents were getting older and I felt the need to be closer to them.

I came to HSC for an interview and well, the rest as they say – is history. I’ve been here ever since.

Over the years, I have held various management positions that have ranged from the Director of the Respiratory Services Line to Vice President of Patient Care Services. I “retired” from this position in 2005, and “retooled/rewired/re-energized” for the next phase of my life as an educator and consultant. I developed and taught courses at the University of Hartford and Charter Oak State College for the next six years. I was appointed to the Connecticut Board of Nurse Examiners by Governor Jodi Rell in August 2005, and I have recently been appointed to the board of The Fund for Greater Hartford.

My most cherished position as a healthcare professional came in the fall of 2009. New Britain business leaders had been discussing the creation of an academy within New Britain High School, (my Alma Mater), to introduce students to healthcare and all it offers. What began as a concept, is now the New Britain Academy for Health Professions (Health Academy); a smaller learning community in a comprehensive high school.

After an extensive search and interview process, the Executive Committee hired me as the consultant for the Health Academy. The committee felt I brought impressive credentials and over 40 years of healthcare and nursing experience, in addition to some unique and relatable skills. The Health Academy, now in its third year, has been growing by leaps and bounds and has received strong support from the community in its quest to prepare students for healthcare careers. The current enrollment exceeds 340, a tremendous increase over the original 51 students who successfully completed the first introductory course in June 2011.

My primary role with the Health Academy has been to lead project research, curriculum development, and networking; seeking out appropriate guest speakers, coordinating field trips, and serving as the project advocate in the community. I also took on the role of grant writer, a hat I had never previously worn. Over the past three years, I have written several grants that total over $350,000.

With my involvement in the Health Academy, I was recognized by the New Britain School District for an “Above The Rim Award”
Maria Pietrantuono, RN, MA, MS
and as a finalist for the “Hartford Business Journal’s 2012 Healthcare Heroes Award.”
It has been an honor and a privilege to work with so many dedicated professionals from both hospitals and the Consolidated School District of New Britain. A special thank you to New Britain High School Principal, Michael J. Foran, and the teachers who welcomed me – a total stranger – into their school, and unconditionally allowed for open communication and exchange of ideas to enrich the students’ futures. The passion, commitment, loyalty and professionalism I have witnessed with the teachers involved is something I do not remember from my years in high school. We all need mentors, and where there is an interest in healthcare, it should be encouraged and cultivated. Every step of the way, I have been a product of that type of encouragement from my parents and my healthcare colleagues.
Looking back, I have had a wonderful career and have been privileged and honored to be a part of HSC! I look forward to continuing my work in the years ahead.

Maria Pietrantuono was recognized by the YWCA at the 15th Biennial Women in Leadership Luncheon on May 15, 2013 for her inspiring role as the consultant for the highly successful and acclaimed Academy for Health Professions at New Britain High School. Principal, Michael J. Foran, credits Maria as “the force that has been essential in creating and developing the highly successful Academy.” Mr. Foran attributes this directly to “Maria’s hard work and dedication, and ability to work with professionals from both hospitals and our teachers at the high school.” Gifted in establishing partnerships, Maria has raised resources to provide students with the technology and equipment necessary to prepare them for a career in healthcare. Perhaps most importantly, Maria has built personal relationships with students, “the majority of which are female and come from economically-disadvantaged families,” according to Mr. Foran. Seemingly embodying the “pay it forward” concept, Maria understands the importance of creating personal connections between the students and those in fields of healthcare.

2013 YWCA Women in Leadership
Special Nominee

Inside the Mega Body at the Health Promotion & Wellness Fair, held May 9, 2013. From left: Principal Michael J. Foran, Dr. William A. Petit, Jr., Lead Teacher Michaelknight Zayas, and students Almedina Keranovic and Meghan Pelletier.

Sophomore students visited HSC for a day as part of “Discover our Hospital.” Students visited with healthcare professionals and the Rehabilitation Team to learn first-hand about the team role and patient care.
On May 17, 2013, major donors, board members, Mayor Timothy O’Brien, and principals from the Maximilian E. & Marion O. Hoffman Foundation Inc., Downes Construction Company, LLC and Kaestle Boos Associates, Inc., joined Dr. John J. Votto, President & CEO, of Hospital for Special Care, for a ground-breaking ceremony for the new Outpatient Center expansion.

The Honorable Timothy O’Brien addresses the luncheon’s attendees, describing HSC as a “Gem” in New Britain.

Dr. John J. Votto, speaks to major donors and partners at a celebratory luncheon following the ground-breaking ceremony.
ABOUT US
Year established: 1941
Total number of employees (Full-time employees): 468
Annual revenue (Most recent fiscal year): $93,139,878

GEOGRAPHIC SERVICE AREA(S)
Statewide and regional

TOP FUNDING SOURCES
The Hospital for Special Care Foundation, Inc. raises funds for Hospital for Special Care and its affiliates: HSC Community Services, Inc. and Manes & Motions Therapeutic Riding Center, Inc. Foundation revenues in fiscal year 2012 were $2,583,081.
Grants: 65%
Donors: 27%
Special Events: 8%

2013 GOALS
• Provide exemplary complex care in seven areas of specialization: Pulmonary Care, Acquired Brain Injury, Medically Complex Pediatrics, Neuromuscular Disorders (including ALS research), Spinal Cord Injury, Congestive Heart Failure, and the diagnostic assessment, treatment and consultation for children and adolescents with Autism Spectrum Disorders (ASD).
• Deliver quality complex care and rehabilitation in one easily-accessible outpatient setting by completing the $5.9 million Hope Campaign. More than 80% has been raised; Hospital for Special Care broke ground on the Maximilian E. and Marion O. Hoffman Outpatient Center on May 17, 2013.
• Build an indoor riding arena for Manes & Motions Therapeutic Riding Center, Inc., allowing the program to become year-round. Manes & Motions offers a horseback riding program for individuals living with special needs, including children with Autism and Cerebral Palsy and veterans with Post Traumatic Stress Disorder (PTSD) and Mild Traumatic Brain Injury (MTBI). 15% of the $600,000 goal has been raised.
• Complete the next phase of The Autism Center at Hospital for Special Care. The Center provides diagnostic assessments, treatments and consultation for children with ASD, and their families.
• To be well positioned with Accountable Care Organizations, medical homes, integrated care, health neighborhoods or any “new” healthcare organization through partnerships with providers, government agencies, acute care health systems, payers and health plans.

FUNDRAISING EVENTS/OPPORTUNITIES
Corporate sponsors, donations, auction and drawing prizes drive the success of the following fundraising events:
• Hospital for Special Care Ivan Lendl Golf Classic, May 13, 2013, Wethersfield Country Club. Former world champion tennis player Ivan Lendl was host. NBC Connecticut’s meteorologist, Bob Maxon, served again as emcee. Proceeds benefit HSC Ivan Lendl Adaptive Sports & Therapeutic Recreation Programs.
• Manes & Motions Celebrity Waiter Dinner & Auction, September 26, 2013, Aqua Turf Club, Plantsville. Area business and civic leaders serve as “celebrity” waiters.
• Hospital for Special Care is the beneficiary of several third-party events hosted by friends and supporters of the hospital.
• Hospital for Special Care is recognized as an official charity of the ING Hartford Marathon and Half Marathon.

GIVING OPPORTUNITIES
In addition to supporting fundraising events, our Corporate Partners help us Rebuild Lives with financial contributions to the Hope Campaign to expand the Outpatient Center. Indoor Arena Campaign for Manes & Motions Therapeutic Riding Center, Inc., general operations, and special programs including The Autism Center at Hospital for Special Care. Individual donors give to the areas listed above with contributions through the mail and online via our website www.hfsc.org. Each gift is personal and individual. The Foundation staff is available at 860.832.6257 to assist.

Allen Zolty was a respected labor negotiator at Pratt & Whitney, and known as a man in charge of his life. A motor vehicle accident left him with a traumatic brain injury and in a coma for nearly a month.
“I had to learn to walk, talk and eat again,” recalls Allen. “Hospital for Special Care helped me physically, emotionally and spiritually. I used to keep to myself before the accident. Now people see me as a warm and humorous person.” Hospital for Special Care specializes in the treatment and rehabilitation of severe brain injury patients. With his family by his side, Allen slowly regained the love of life that he thought he had lost forever. As Allen’s mobility returns, he travels and enjoys family, with whom he’s grown closer. “When you have your health, you need nothing else,” he adds.
– Allen Zolty, former patient, current board member

We’re looking for runners and volunteers to join our team. Contact us at: cficks@hfsc.org

Hospital for Special Care Foundation, Inc.
Carl R. Ficks, Jr., Esq.
Director, Corporate & Donor Relations

Hospital for Special Care Foundation, Inc.
Linda Giovana
Director of Development
The “Hope Capital Campaign” will increase Hospital for Special Care’s Outpatient Center by four times the size, to serve more adults and children on an ambulatory basis. Among the clinics to be featured are spinal cord and brain injury, neuromuscular disease (ALS - Lou Gehrig’s disease and muscular dystrophy), physiatry, Autism, Parkinson’s disease, primary care for chronic patients and augmentative communication.

We Rebuild Lives. +hope!

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Maximilian E. & Marion O. Hoffman Foundation, Inc.

$750,000+
American Savings Foundation

$500,000+
Charles H. Kaman Charitable Foundation, Inc.

$250,000+
Hospital for Special Care Auxiliary
Maria Pietrantuono, RN

$100,000+
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$50,000+
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The Dr. Marie S. Gustin Nursing Excellence Conference: The 21st Century Nurse: Thriving in a Reformed Health System with Guest Faculty Tim Porter-O’Grady, DM, EdD, ScD(h), APRN, FAAN. From left: Linda Wagner, Lisa Newton, Tim Porter-O’Grady, Dr. Marie S. Gustin, Rita Ellen Grygus and Jeannine Thomas.
The Hope Campaign

$4.9 Million Generously Given

THE HOPE CAMPAIGN

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Perfecto Munar, BSN, RN, above, in gray scrubs, and Rita Bonczek, MS, APRN, ACNS-BC, above in lab coat, were recently honored at the 11th Annual Nightingale Awards Gala, in Hartford. This peer award recognizes Connecticut nurses for their excellence in nursing practice and dedication to patient care. Congratulations, Perfecto and Rita for this well-deserved award and for the recognition of your fine achievements.

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_April 1, 2012 - March 31, 2013_

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**Indoor Arena Campaign (continued)**

Janet S. Gochberg  
Greg and Julie Massi  
Walter and Teresa McTague  
Millrace Books, Inc.  
Lynn and Jim Ricci  
Paul and Carolyn Rizza  
Rogow Greenberg Foundation, Inc.  
Rotary Club of New Britain - Berlin, Inc.  
John and Deborah Stanwood  
Pamela and Peter Tokarz

**$500+**

Ms. Janice Anderson  
Dr. Joseph Belkin  
Ms. Raina L. Brouillet  
Felicia DeDominicis and Gary Flynn  
Dr. Steven Prunk, Associate Chief of Pulmonary Medicine and Director of Pulmonary Rehabilitation at Hospital for Special Care

**$100+**

Mary and Bill Bonczek  
Mr. and Mrs. Raymond Ruta

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**Making a Gift to Hospital for Special Care**

Making a personal gift to Hospital for Special Care is an act of selfless generosity. There are many ways to make a tax-deductible gift to the Hospital during one’s lifetime or after. We encourage you to consult with your attorney, accountant or other financial advisor when considering a gift that may have substantial impact on your finances or estate. Linda Glovna, Director of Development of the Hospital for Special Care Foundation, is also available for a confidential discussion at your convenience. Please call 860.612.6312.

**Gifts of Cash**

An outright gift of cash goes to work right away to help improve the lives of those we serve.

**Gifts of Securities**

When you donate appreciated securities (stocks and bonds) to the Hospital for Special Care Foundation, Inc., you will be allowed a charitable deduction for the fair market value of the stock; additionally, you may avoid potential capital gains tax on any appreciation in the value of stock. Giving stock gifts to the Hospital for Special Care Foundation, Inc. can be done either by electronic transfer, mail, or in person.

**Gifts Matched by Corporations**

Many corporations match the charitable gifts made by their employees and board members who serve charitable institutions. To receive information about a company’s matching gift program, please contact your human resources department.

**Gifts by Will or Real Estate Planning**

A charitable bequest is a gift to the Hospital for Special Care Foundation, Inc., in your will or estate plan. You may designate the Foundation to receive a bequest of a specific dollar amount, a percentage of your estate, or specific assets such as stock, securities or real estate. Should you choose to include a bequest to the Foundation in your will, ask your attorney to include this suggested language: “I give and bequeath to Hospital for Special Care Foundation, Inc., a non-profit 501(c)(3) corporation, in New Britain, Connecticut, (insert here a percentage of the estate or an amount in dollars) for its general uses and purposes.”

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_Every effort has been made to ensure the accuracy and completeness of our donor listing. Should the information presented here conflict with your records, please call the Foundation office at: 860.832.6257._

_from left: meteorologist, Bob Maxon, of NBC Connecticut, and tennis legend, Ivan Lendl, attend the Hospital for Special Care Ivan Lendl Golf Classic._

_Sarah Gamato, a young volunteer at the Hospital for Special Care's Ivan Lendl Adaptive Sports Camp, rides a 3-wheel racer in a track event._

_Jamie Moffa, raised $940. to benefit Hospital for Special Care's Neuromuscular Center in honor of her grandmother, Mary Yanosy, of Granby._

_Dr. Steven Prunk, Associate Chief of Pulmonary Medicine and Director of Pulmonary Rehabilitation at Hospital for Special Care, celebrates Walter 'Doc's' Hurley's homecoming with 'Doc's' daughter and caregiver, Muriel Hurley-Carter._
Thank you for inviting me to be a guest speaker at this evening’s 16th Annual Meeting of Corporators & Donor Appreciation Reception. It’s an honor to be asked to talk about my experience at Hospital for Special Care (HSC), especially in front of so many individuals who share my enthusiasm and gratitude for this exceptional hospital.

Let me tell you about how I came to know, and love, this hospital. On August 17, 2010, I was driving to Willimantic on business when I hit a truck going in the opposite direction. It was a beautiful afternoon, I had not been drinking, nor on my phone, and I really have no memory of the accident. I totaled my car and injured the two men in the truck, thankfully not seriously. At that moment, my life changed forever. The accident caused me severe and permanent damage, and left me with a totally different life. I was always an active senior citizen, with a love of the outdoors, travel and sports. But after my accident, my world became the world of living with a disability, where every motion has to be considered, every venue had to be analyzed in advance. A disabled person learns to be much more careful and conscious of the dangers around them. The daily challenge can be daunting and of course, there are days when the frustrations can seem overwhelming. But this story is really not about me – I am here, among the living, with an amazing family, group of friends, wonderful job, and a very full life.

This is a story about how HSC got me through those terrible days. I was transported by LifeStar from Willimantic to Hartford Hospital. I remained there for several weeks, during which I had several operations, was in and out of consciousness, hallucinating and could not talk as I had a tracheostomy. As I was not able to express my needs, I was going a little crazy. Finally, I arrived at HSC to recuperate. An angel was watching over me because my husband did not think I would get a bed here. But, I did, and I was first placed in the Close Observation Unit (COU). The first day there, I woke up thinking I had been brought to a bank – very weird. The COU staff, as you may know, are amazing people; I remember the Observation Unit (COU). The first day there, I woke up thinking I had been brought to a bank – very weird. The COU staff, as you may know, are amazing people; I remember the therapists who would regularly suction my trach, the many kind and hard-working nurses’ aides who would rotate me in the bed, empty my cath bags, and offer me ice and water. I also remember the nurses who cleaned my halo, (I called it my shining crown), and gave me my medicine. I also met physical therapists who began to work on my poor legs that had all but been destroyed in the accident. I remember my first trip on the Hoyer Lift, and especially recall the day I left the unit briefly in a wheelchair to breathe the fresh air in the hallway and look outside as the leaves were beginning to turn. That day was indeed very special. After that, I tried to get into the wheelchair every chance I could to have an adventure exploring the hospital hallways.

I became impatient to advance to the Inpatient Rehabilitation Unit, but couldn’t transition until I got the medical clearance and a bed became available. It felt like forever, but eventually I was moved downstairs to that Unit. That was really a red-letter day! There, I met the most incredible staff. The enthusiasm, encouragement and support I received from this wonderful group of professionals was when I first realized what a wonderful hospital this is. I remember my first team meeting when I heard about my progress and had a chance to ask questions and be a part of the treatment team and my recovery plan. What an interesting idea – including patients as a partner in their own rehabilitation!

I had company every day, and my husband was my daily companion, bringing me Starbucks’ lattes. I could never have gotten through this ordeal without him. Also my son, daughter-in-law, and many friends and other family members were always there for me. Because my accident happened while I was at work, workers’ compensation has been extraordinary in underwriting all of the medical expenses. I never have been questioned, nor challenged. I couldn’t imagine what my experiences would be like if I were not insured or covered by workers’ compensation.

I begged my doctor, Subramani Seetherama, MD, (Director of HSC’s Spinal Cord Injury Program), to allow me go home in time for Christmas – and he agreed. Going home was a bit traumatic – I no longer had round-the-clock medical care, and I had to learn again how to navigate within my own home, and live with my husband, Mitchell, again. It took a few months before everything seemed to settle down, and by April 1st, I returned to work on a part-time basis. I also regularly came to the Outpatient Rehabilitation Unit to continue my therapy. There I worked with such very talented therapists who tortured me, as they should. It was a love-hate relationship!

The most special people who helped me were Dr. Mani Seetherama and Karen Cuneo. By mentioning these individuals, I realize how many people I left out. In many cases, I have forgotten their names, but I haven’t forgotten all they did for me. I especially remember one nurse who would sit with me late at night when the fears for the future, and the regrets for what I had put my family through, would sometimes overwhelm me – she would calm me down, encourage me to think positively – and most of all not to lose hope. We talked about our grandchildren – eventually my spirits lifted and I could fall back to sleep. She was my special guardian.

I can never repay this hospital and the special people who work here for getting me back on my feet, as shaky as they may be. I get overcome with emotion whenever I think about this incredible place.
Jump into your stirrups and strap yourselves in folks...
because we are blazing off on an exciting next few months of our Indoor Arena Campaign!
As you all know by now, our Campaign goal is $600,000, and to date we’ve raised $132,789. I am very proud to announce a Matching Gift Challenge where all new donations and pledges to the Indoor Arena Campaign will be matched, dollar-for-dollar, doubling the impact of your gift, up to a total of $150,000. This Challenge will conclude on June 30, 2013.
I am pleased also to report that we have just received a portion of the proceeds from the Petit Family Foundation’s (PFF) Annual Ride For Justice. We are honored to be a community partner, friend and beneficiary of this most generous family and Foundation. Manes & Motions is committed to PFF, and Susan Gordon Gates and I will continue to serve on its Ride For Justice board again this year. We are so grateful to Dr. Bill Petit, Jr., Bill Petit, Sr., Barbara Petit, Johanna Petit Chapman, and the Foundation for its ongoing support to our therapeutic riding program, and are blessed to call them our friends.

They understand and believe in our mission, and the unique role horses play in healing, and the importance of equine-assisted activities as a complement with traditional therapies. This is true for recovery and for an improved quality of life for all of our riders.

June Macary is the mother of one our young riders, Stephen, age 13, who rides Rosie the pony at Manes & Motions. Here is how she describes his experience.

For Stephen, riding Rosie is so much more than just a joyful experience. Rosie’s movements are great for improving his circulation, muscle control and coordination. Stephen has difficulty with gross motor control. Riding Rosie, he is regularly off-balance, requiring him to engage his muscles to rebalance himself.

Several years ago, Stephen stood unassisted for the first time after a two-week intensive program that combined therapeutic riding and conventional physical therapy. Sensory integration is another struggle for Stephen. He avoids certain textures and smells, but riding stimulates those senses in a setting he loves. Challenging his sensory system allows him to have a higher threshold for new textures, smells and physical demands outside of the riding ring.

Horses are amazing animals. Because of their fine-tuned responses and desire to please, they are extremely effective in creating a bond with their riders, which creates and encourages communication and interaction. Manes & Motions’ gentle horses enable riders like Stephen to extend their dreams beyond the confines of their disability. Stephen rides in a group setting and is assisted by four people while riding – two side walkers, a lead and a teacher. This opens up the opportunity for him to learn social skills such as interacting with multiple people and following directions. Sporting events and activities are a large part of many kids’ childhood experiences. Unfortunately those experiences are really limited for Stephen. Therapeutic horseback riding is Stephen’s sport. He is learning all of those character-building values we gain from playing a sport – teamwork, confidence, self-control and self-esteem. What an empowering experience for him to control a 900-pound animal!

As a single mom of a child living with a disability, my budget is pretty stretched. Many of the therapies I have found beneficial to Stephen – including therapeutic riding – are not covered by insurance. I am grateful for the financial assistance Manes & Motions has provided to help cover his fees. Throughout the three sessions Stephen has been riding, I have joked with the staff that we unfortunately picked “Tricky Tuesdays.” In every session we’ve had to forego a lesson due to rain. We may pick a different day that doesn’t seem to be cursed by the rain gods for the next session. Or – even better – an indoor area would solve that problem.
The addition of an indoor riding arena with a covered walkway to the stable will increase Manes & Motions ridership by an estimated 50 percent over five years. There will no longer be shutdowns due to the winter months and inclement weather. And in the summer, the indoor arena will provide shade for riders who are sensitive to the intense heat of the sun. The site plan calls for a 10,580 square-foot indoor riding arena plus a classroom, observation area, offices and restrooms at a cost of $600,000. The addition of an indoor arena opens the doors for improved and expanded services for our riders with special needs.

Happy Trails,

William J. Higgins
Chairman of the Board, Manes & Motions Therapeutic Riding Center, Inc.

Manes & Motions rider, Stephen Kirby, with mother, June Macary.
Pam Tokarz has a great heart! The words “I can’t” are not in her vocabulary. She always thinks ahead and considers the feelings of others in her planning. No matter what situation arises, Pam has a solution.

Pam always goes above and beyond to recognize others. She enthusiastically supports Hospital for Special Care (HSC), its mission, its patients and her fellow employees.

She is truly an example of a team player – not just during work hours but, in the way she lives her life.

Pam rarely misses an HSC-sponsored event and gives generously of her time and monies. She will do anything, and has! She has participated in walks, picnics, fundraisers, and more.

For a recent Autism Speaks fundraising walk, Pam joined the HSC Corporate Communications team and other volunteers by setting up a display in the pouring rain. Pam has a “divide and conquer” and “we’ll get it done” spirit.

Pam’s love of life extends beyond her work at HSC. She loves animals and volunteers her time at a local animal shelter and pet rescue.

Pam’s nomination came in the form of a book not a letter! She has touched the lives of many. Pam was also recognized as the Employee of the Month for August 2012.

Congratulations, Pam!
Hospital for Special Care (HSC) is certified by The Joint Commission (TJC); the Commission on Accreditation of Rehabilitation Facilities (CARF) for Comprehensive Integrated Inpatient Rehabilitation Programs, Acquired Brain Injury and Outpatient Medical Rehabilitation. HSC’s Pulmonary Care Services are recognized by the American Association for Respiratory Care (AARC) as a Quality Respiratory Care Provider under their Quality Respiratory Care Recognition (QRCR) program for Long-Term Acute Care Hospitals (LTACH). The Neuroumuscular Center is certified by the Muscular Dystrophy Association (MDA) and Amyotrophic Lateral Sclerosis Association (ALSA). The EMG Lab at Hospital for Special Care is accredited by the American Association of Neuromuscular and Electrodiagnostic Medicine (AANEM). For more information about EMG Lab accreditation, contact the AANEM at www.aanem.org

### Consolidated Statement Of Operations And Changes In Net Assets

<table>
<thead>
<tr>
<th></th>
<th>Unaudited</th>
<th>Audited</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>2013</td>
<td>2012</td>
</tr>
<tr>
<td><strong>Net revenues from services to patients</strong></td>
<td>$88,321,584</td>
<td>$89,870,248</td>
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<tr>
<td><strong>Other revenue</strong></td>
<td>3,337,368</td>
<td>3,979,581</td>
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<tr>
<td><strong>Total Revenue</strong></td>
<td><strong>91,658,952</strong></td>
<td><strong>93,849,829</strong></td>
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<tr>
<td><strong>Salaries, wages and employee benefits</strong></td>
<td>67,018,518</td>
<td>69,295,737</td>
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<tr>
<td><strong>Supplies and other</strong></td>
<td>18,657,680</td>
<td>19,518,703</td>
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<tr>
<td><strong>Interest</strong></td>
<td>2,240,780</td>
<td>2,268,788</td>
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<tr>
<td><strong>Depreciation</strong></td>
<td>3,434,615</td>
<td>3,446,480</td>
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<tr>
<td><strong>Bad Debts</strong></td>
<td>261,534</td>
<td>479,311</td>
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<tr>
<td><strong>Total Operating Expense</strong></td>
<td><strong>91,613,127</strong></td>
<td><strong>95,009,019</strong></td>
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<tr>
<td><strong>Income (loss) from operations</strong></td>
<td>45,825</td>
<td>(1,159,190)</td>
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<tr>
<td><strong>Investments</strong></td>
<td>3,642,789</td>
<td>1,927,186</td>
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<tr>
<td><strong>Other non-operating activity</strong></td>
<td>392,441</td>
<td>(3,089,919)</td>
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<tr>
<td><strong>Increase (Decrease) In Unrestricted Net Assets From Continuing Operations</strong></td>
<td><strong>$4,081,055</strong></td>
<td><strong>($2,321,923)</strong></td>
</tr>
</tbody>
</table>

### Consolidated Balance Sheet

<table>
<thead>
<tr>
<th></th>
<th>Unaudited</th>
<th>Audited</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>2013</td>
<td>2012</td>
</tr>
<tr>
<td><strong>Cash and cash equivalents</strong></td>
<td>$17,557,295</td>
<td>$14,970,013</td>
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<tr>
<td><strong>Investment securities</strong></td>
<td>43,739,003</td>
<td>42,338,808</td>
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<tr>
<td><strong>Accounts receivable</strong></td>
<td>12,392,334</td>
<td>18,918,298</td>
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<tr>
<td><strong>Property, plant and equipment</strong></td>
<td>42,492,532</td>
<td>43,381,540</td>
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<tr>
<td><strong>Other assets</strong></td>
<td>21,277,325</td>
<td>17,206,555</td>
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<tr>
<td><strong>Assets held for sale</strong></td>
<td>0</td>
<td>7,812,932</td>
</tr>
<tr>
<td><strong>Total Assets</strong></td>
<td><strong>$137,458,489</strong></td>
<td><strong>$144,628,146</strong></td>
</tr>
<tr>
<td><strong>Accounts Payable</strong></td>
<td>$2,159,265</td>
<td>$2,620,217</td>
</tr>
<tr>
<td><strong>Salaries, wages, payroll taxes, and amounts withheld from employee compensation</strong></td>
<td>7,511,221</td>
<td>8,265,734</td>
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<tr>
<td><strong>Other liabilities</strong></td>
<td>16,223,714</td>
<td>17,845,979</td>
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<tr>
<td><strong>Long-term debt</strong></td>
<td>53,291,696</td>
<td>62,741,696</td>
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<tr>
<td><strong>Unrestricted net assets</strong></td>
<td>51,611,753</td>
<td>47,095,792</td>
</tr>
<tr>
<td><strong>Temporarily and permanently restricted net assets</strong></td>
<td>6,660,840</td>
<td>6,058,728</td>
</tr>
<tr>
<td><strong>Total Liabilities And Net Assets</strong></td>
<td><strong>$137,458,489</strong></td>
<td><strong>$144,628,146</strong></td>
</tr>
</tbody>
</table>