



Working with Connecticut Hospitals for over 70 years

Hospital for Special Care (HSC) is a private, not-for-profit 228-bed specialty hospital. It is widely known and respected for its expertise and specialized care for:

- Acquired-brain injury
- Complex cardiac
- Complex medical conditions
- Complex pediatric
- Complex respiratory
- Complex stroke rehabilitation
- Home-ventilator management
- Medically-complex rehabilitation
- Neurobehavioral program
- Neuromuscular disorders/ALS, muscular dystrophy
- Spinal cord injury rehabilitation
- Ventilator weaning
- Wounds

Special programs for pulmonary rehabilitation, autism spectrum disorders and geriatrics make HSC an important regional resource. Programs are offered in both inpatient and outpatient settings.

Cardiac Care

Cardiac Care at Hospital for Special Care is provided by an interdisciplinary team with expertise in the treatment of complex cardiac disease. This includes (“acute on chronic”) heart failure patients requiring advanced therapies who have failed traditional methods of treatment. The following patients will be treated:

- Patients who have a diagnosis of heart failure and need IV medications (diuretics, dopamine,

- milrinone, dobutamine)
- Patients who have had recurrent admissions to an acute-care hospital for management of heart failure
- Patients who need preparation for an LVAD implantation (“pre-hab”) to improve strength prior to surgery and those who have recently received a LVAD, are coming to HSC for treatment, therapy and education prior to returning home

Pulmonary Care

People with COPD or other pulmonary issues needing:

- Ventilator weaning
- Tracheostomy decannulation complex care for pulmonary and other medical issues
- Care including IV medications and support for pulmonary issues
- Home ventilator management

Complex Medical Care

As part of the program at HSC that addresses the needs of medically complex patients, wound care management is offered. The program provides skin care management that promotes wound healing and is specifically tailored to each patient’s needs.

Our wound care program is an organized approach to management of patients with various types of wounds such as:

- Complex wounds
- Complications from prolonged hospitalizations
- Spinal cord injuries
- Status post-surgical flap procedures for pressure ulcers, trauma, or patients with pressure ulcers who require an interdisciplinary team approach to care

Complex Rehabilitation Care

Provides interdisciplinary care for patients with:

- Amputations
- Complications from prolonged hospitalizations
- Multiple trauma including acquired brain injury rehabilitation
- Musculoskeletal diagnoses
- Neurological conditions
- Orthopedic diagnoses
- Spinal cord injuries
- Stroke

The Basics for Prospective HSC Patients and Families

Why Hospital for Special Care?

HSC is the fourth largest free-standing long-term acute care hospital in the U.S. and the only one in the nation serving adults and children. HSC is recognized for advanced care and rehabilitation in pulmonary care, acquired brain injury, medically-complex pediatrics, neuromuscular disorders including ALS research, spinal cord injury, comprehensive heart failure and comprehensive inpatient and outpatient treatment for children and adolescents with autism spectrum disorder.

What kind of communication will my family and I have with my team?

Ongoing communication with your treatment team is an integral part of your rehabilitation program. Your case manager is your primary link. Each week there will be an Interdisciplinary Team (IDT) meeting, which is an informational sharing session. You are welcome to attend your IDT, but if you are unable to attend, your case manager will speak with you

to discuss your program. In addition, a family meeting may be scheduled soon after admission to discuss evaluations and program goals and solicit your input.

What does transition planning mean?

At HSC, our goal is to return patients to the community. Upon admission a transition plan is developed with each patient. Home care services and/or outpatient rehabilitation programs are established for patients prior to their discharge. Some patients may require additional inpatient rehabilitation at a subacute level of care. The discharge plan will be well-coordinated to enable the patient to receive appropriate follow up care in their community.

When are visiting hours?

12 pm to 8 pm daily

Are there social areas where family members can visit?

The Health Sciences Library & Resource Center offers research assistance, educational materials and computer access. The media room provides a private, comfortable setting for patients and families to watch a movie or to use the Wii® Fit equipment.

Central Location

HSC is centrally located in Hartford County. We serve patients across Connecticut, as well as Massachusetts, New York and Rhode Island. Please refer to our website for driving directions and public transportation information. The Mount Sinai Campus is located at 500 Blue Hills Ave, Hartford, with close access to I84 and I91.



For more information on accreditations, please visit our website at: hfsc.org/about-us/accreditations



We Rebuild Lives.

