



**Hospital for  
Special Care**

*We Rebuild Lives.*

[www.hfsc.org](http://www.hfsc.org)

## HOSPITAL FOR SPECIAL CARE WORKING WITH CONNECTICUT HOSPITALS FOR OVER 70 YEARS

### HSC Overview

Hospital for Special Care (HSC) is a private, not-for-profit 228-bed rehabilitation long-term acute and chronic care hospital. It is widely known and respected for its expertise and specialized care for:

- Congestive heart failure
- Complex respiratory
- Complex medical conditions
- Complex stroke rehabilitation
- Complex pediatric
- Medically-complex rehabilitation
- Ventilator weaning
- Home-ventilator management
- Spinal cord injury rehabilitation
- Wounds
- Neuromuscular disorders/ALS, muscular dystrophy
- Neurobehavioral program
- Acquired-brain injury

Special programs for pulmonary rehabilitation, autism spectrum disorders, and geriatrics make HSC an important regional resource. Programs are offered in both inpatient and outpatient settings.

### Cardiac Care

Our Cardiac medical unit consists of treatment, therapy and education for patients living with heart failure. The goal of this program is to stabilize a patient's medical condition while improving self management through education, improved quality of life, and reduce the cycle of hospital readmissions. In turn, improved functional ability will afford the following patients to return home:

- Patients who have a diagnosis of heart failure and need IV medications (diuretics, dopamine, milrinone, dobutamine)
- Patients who have had recurrent admissions to an acute-care hospital for management of heart failure
- Preparation for LVAD implantation ("pre-hab") or, strengthening afterwards before returning home.

### Pulmonary Care

People with COPD or other pulmonary issues needing:

- Ventilator weaning
- Tracheostomy decannulation complex care for pulmonary and other medical issues
- Care including IV medications and support for pulmonary issues
- Home ventilator management

### For Inpatient Referrals and Information, Please Contact:

*Hospital for Special Care's Admissions Department*  
**Ellen Frederick, Admission Coordinator,**  
**860.827.4715, or [efrederick@hfsc.org](mailto:efrederick@hfsc.org)**

- *Information we will need from you:*
- *History & Physical • Medication • Demographics*
- *Therapy Notes • Labs • CD/X-rays • Consultations*

*Our campuses and offices are located at:*  
*Hospital for Special Care*  
*2150 Corbin Avenue, New Britain, Connecticut 06053*  
*There is ample, free parking.*

*Hospital for Special Care Satellite Unit/Hartford location*  
*500 Blue Hills Avenue, Hartford, Connecticut 06112*

***Please visit our website for directions: [www.hfsc.org](http://www.hfsc.org).***

### Complex Medical Care

As part of the program at HSC that addresses the needs of medically complex patients, wound care management is offered. The program provides skin care management that promotes wound healing and is specifically tailored to each patient's needs. Our wound care program is an organized approach to management of patients with various types of wounds such as:

- Complex wounds
- Complications from prolonged hospitalizations
- Spinal cord injuries
- Status post-surgical flap procedures for pressure ulcers, trauma, or patients with pressure ulcers who require an interdisciplinary team approach to care.

### Complex Rehabilitation Care

Provides interdisciplinary care for patients with:

- Neurological conditions
- Multiple trauma including acquired brain injury rehabilitation
- Stroke

## The Basics for Prospective HSC Patients and Families

### Why Hospital for Special Care?

Hospital for Special Care (HSC), with locations in New Britain and Hartford, Connecticut, is the only long-term acute-care hospital in the nation serving adults and children. HSC is nationally recognized for advanced care and rehabilitation in the highly specialized areas of pulmonary care, acquired brain injury, medically-complex pediatrics, neuromuscular disorders and spinal cord injury. Responding to the needs of a rising patient population, HSC now leads Connecticut by opening the first comprehensive inpatient heart failure unit in the state.

### What kind of communication will my family and I have with my team?

Ongoing communication with your treatment team is an integral part of your rehabilitation program. Your case manager is your primary link. Each week there will be an Interdisciplinary Team (IDT) meeting, which is an informational sharing session.

You are welcome to attend your IDT, but if you are unable to attend, your case manager will speak with you to discuss your program. In addition, a family meeting may be scheduled soon after admission to discuss evaluations and program goals and solicit your input.

### What does discharge planning mean?

Since our goal is to return patients to the community, a discharge plan is developed for every patient admitted to HSC. Most patients are discharged home with home care services, to a day rehabilitation program or to outpatient services. Some individuals are discharged to a long-term care facility. Your treatment will ensure that your discharge plan is well coordinated to enable you to receive appropriate follow-up care.

### When are visiting hours?

Hospital visiting hours are from 12 pm to 8 pm daily. Visits to some units must be arranged in advance.

Please contact the patient's unit prior to your first visit to ask about possible restrictions. We ask that all visitors respect the rights of our patients and staff.

### Are there social areas where family members can visit?

Specific areas have been identified for socializing, including community rooms, courtyards and pathways throughout the campus. The Health Sciences Library & Resource Center, just off the main lobby offers educational materials and computer access.

A media room a private, cozy, and comfortable setting for patients and families to watch a movie or to use computers for patient educational experiences.

## Outpatient Services

- Full range of **rehabilitation therapies** including PT/OT/Speech
- Our **Neuromuscular Center** for rehabilitation and ongoing clinical services for ALS, Multiple Sclerosis, Muscular Dystrophy, Parkinson's Disease, neuropathies, and other neuromuscular conditions
- **Neuropsychology/psychology** assessment and treatment for adults and children
- **Pulmonary Rehabilitation** for adults including land and aquatic activities
- **Autism Spectrum Disorder** assessment, diagnostic and therapy services for children and adolescents

## Outpatient Referrals and Information

- Rehabilitation (PT/OT/Speech): 860.832.6258
- Neuromuscular: 860.612.6305
- Neuropsychology: 860.827.4751
- Autism: 860.612.6381
- Pulmonary Rehabilitation: 860.832.6256

## Contacting HSC

Please call our Admitting Office at 860.827.4715 to get answers to your questions about inpatient services or to arrange for a tour or visit to either our Hartford or New Britain sites.

For further information on our Outpatient programs please call the resources listed on the opposite side of this handout for the individual program in which you are interested.

## Accreditation/Recognition/Certification

For more information, please visit our website at: [hfsc.org/about-us/accreditations](http://hfsc.org/about-us/accreditations)

Hospital for  
Special Care

*We Rebuild Lives.*

To receive updates on our programs, please email Sheldon Bustow, [sbustow@hfsc.org](mailto:sbustow@hfsc.org).

Please follow Hospital for Special Care on Facebook and on Twitter @HospSpecialCare.  